

# Starkville TaeKwonDo

## PURPLE BELT STUDY SHEET

### TERMINOLOGY:

All terminology from white to blue belt, plus the following:

Reverse Knife Hand.....	Yok Sudo
Palm Heel Upward Block.....	Changkwon Olyo Marki
High Double Vertical Punch.....	Sangdan Do Sewo Chirugi
Middle Double Overturned Punch.....	Chungdan Do Twichibo Chirugi
X-Block.....	Kyocho Joomok Marki
Releasing of Grabbed Fist.....	Joomok Baegi
Pressing Block.....	Noolo Marki
Upright Guarding Stance.....	Barro Daebi Sagi
Pole Block.....	Moondoongee Marki

### TECHNIQUES:

Candidates for Purple Belt must know all techniques from white to blue belt, plus the following:

Reverse Knife Hand  
Palm Heel Upward Block  
High Double Vertical Punch  
Middle Double Overturned Punch  
X-Block  
Pressing Block  
Pole Block

### Candidate must:

Know all facts and techniques from Yellow through Blue Belt Study Sheet

Be able to execute techniques in sets of three as requested by the test board (for example, attack – block –attack)

Be able to walk through and recite the techniques of hyung Chon-Ji through Chung-Gun

### **Candidate must recite the meaning of and perform the patterns:**

**Chon-Ji:** (19 movements, 2 kihaps) – Heaven and Earth

**Tan-Gun:** (21 movements, 3 kihaps) – The legendary founder of Korea in 2333 B.C.

**To-San:** (24 movements, 3 kihaps) – Named after Master Ahn Chung Ho, a great patriot and educator of Korea.

**Won-Hyo:** (28 movements, 3 kihaps) – Named for the monk who introduced Buddhism to the Silla Dynasty in 686 A.D.

**Yul-Kok:** (38 movements, 3 kihaps) – Pseudonym of Yi, known as the “Confucius of Korea.” The 38 movements of this pattern represent the 38th degree latitude of his birthplace. The diagram of this pattern represents scholar.

**Chung-Gun:** (32 movements, 3 kihaps) – Named after Master Ahn Chung Gun who assassinated the first Japanese overlord of Korea. The 32 movements represent the age he was executed in prison.

ONLY 2 SCALES FOR GRADING THE PURPLE BELT CANDIDATE WILL BE UTILIZED:

**PASS OR FAIL**

ALL ADJUDICATORS MUST AGREE TO PASS CANDIDATE!